

For immediate release

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Lumos Networks Launches Metro Richmond With 100 Gig Connectivity

WAYNESBORO, VA – Lumos Networks Corp. (NASDAQ:LMOS), a leading provider of fiber-based bandwidth infrastructure & IP Services in key mid-Atlantic markets, today announced plans to build 100 Gig wavelength routes connecting Richmond to Ashburn and Lynchburg in Virginia. These networks are poised to handle the exponential growth in bandwidth as well as the need for superior latency and route diversity demanded by Enterprise and Carrier customers within Virginia driven by healthcare, education, financial and other bandwidth intensive applications. Lumos Networks will be offering a full suite of Ethernet, IP and wavelength services to key business parks, data centers and carrier POPs over a 92-mile metro ring connecting Richmond to key destinations in Lumos Networks' existing markets.

"With the vibrant growth and innovation coming out of Richmond, we view it as a significant emerging technology hub. Companies are increasingly reliant on big data stored in the cloud, so they need increasingly higher bandwidth to access this data in real time as well as over diverse routes to account for business continuity. Lumos Networks' next generation infrastructure will allow Richmond to respond to these needs," said Lumos Networks CEO Timothy G. Biltz. "We've enjoyed the support we've received thus far from the business community and local leaders and we look forward to ongoing investments in the Greater Richmond Region."

The ability to leverage previously unattainable network speeds will be of great benefit to the educational, governmental, healthcare and research sectors throughout the Greater Richmond region. To illustrate the power of a 100 Gigabits per second (Gbps) network, all Virginia students in K-12 schools could simultaneously download an e-book in under three minutes, smartphone data could be sent 50,000 times faster than current average speeds, and millions of medical records could be transmitted in just 60 seconds.

"While some providers are trying to extend the life of existing 10G and 40G gears, others such as Lumos Networks view a migration to 100G as absolutely necessary based upon a dramatic surge in network traffic," said Frost & Sullivan Analyst, Roopashree Honnachari. "F&S research validates that the demand for 100G networks has begun and it is here to stay. Lumos Networks is proud to be making the transition to 100G to keep with the market demand."

For more information about Lumos Networks and its host of products and services including 100 Gig wavelengths, please visit www.lumosnetworks.com or call 877-328-9442.

About Lumos Networks

Lumos Networks is a fiber-based service provider in the Mid-Atlantic region serving carrier, business and residential customers over a dense fiber network offering data, voice and IP services. With headquarters in Waynesboro, VA, Lumos Networks serves Virginia, West Virginia and portions of Pennsylvania, Kentucky, Ohio, and Maryland over a 5,800 route-mile fiber network. Detailed information about Lumos Networks is available at <http://www.lumosnetworks.com>.

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